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SYSTEMATIC LITERATURE REVIEW OF CLINICAL MANAGEMENT FOR R/R AML

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Abstract— The aim of this SLR was to systematically review clinical guidelines providing treatment recommendations for the management of R/R AML. The literature search to identify clinical guidelines and studies on clinical practice identified 872 references of which 817 were unique. After the initial screening of titles and abstracts, 47 references were considered as potentially relevant. Following detailed examination of the full articles, 14 publications were included for abstraction. Of these, two were available as abstracts only. Overall, 12 guidelines and two evidence-based reviews of the current management of R/R AML were included in the literature review. All guidelines provide similar recommendations regarding therapeutic options for R/R AML, and include salvage therapy, offering participation in a clinical trial with new interventions, and BMT. The literature review highlights the lack of specific recommendations for the treatment of patients with FLT3+ R/R AML. NCCN guidelines are the only ones that provide specific therapies for these patients.

Keywords— Literature review, FLT3+ R/R AML, clinical guidelines, treatment recommendation, therapeutic options

1.1 OBJECTIVES OF THE CLINICAL MANAGEMENT REVIEW

The aim of this SLR was to systematically review clinical guidelines providing treatment recommendations for the management of R/R AML in the EU5, Japan and the US and to identify evidence regarding how these patients are treated in clinical practice in these countries.

1.2 METHODS OF THE CLINICAL MANAGEMENT REVIEW

1.2.1 Research question

The research questions addressed in the SLR of clinical management of R/R AML were:

- What are the treatment guidelines for R/R AML in the countries of interest?
- What is the current treatment pathway for patients with R/R AML in clinical practice in these countries?

1.2.2 Literature search

1.2.2.1 Bibliographic database search strategies

The search strategy used for the management review is presented in Appendix I. The search strategy was adapted for each database searched, however the key strategy remained as follows: “disease terms” AND “endpoints”.

1.2.2.2 Electronic databases and information sources

In line with the recommendations from the Centre for Reviews and Dissemination (CRD) [CRD 2009] and the National Institute for Health and Care Excellence (NICE) [NICE 2015], the searches for the SLR of clinical management were conducted in the following databases:

- Medline and Medline in Process
- Embase
- Cochrane Database of Systematic Reviews (CDSR).

In addition, the websites of country-specific oncology or haematology associations were searched for clinical guidelines up to December 01, 2018. These websites included those for:

- NCCN: <https://www.nccn.org/>
- American Society of Clinical Oncology (ASCO): <http://www.asco.org/>
- American Society of Hematology (ASH): <http://www.hematology.org/>
- European Hematology Association (EHA): <https://ehaweb.org/>
- European Society for Medical Oncology (ESMO): <http://www.esmo.org/>
- ELN: https://www.leukemia-net.org/content/home/index_eng.html

1.2.3 Study selection

1.2.3.1 Eligibility criteria

This systematic review was conducted according to the principles of systematic reviewing as set out in the guidance published by the CRD [CRD 2009] and NICE guidance [NICE 2015]. To identify relevant evidence, a clear definition of the study participants, interventions, comparison groups, outcomes and study types of interest are required. These so-called PICOS (population, intervention, comparator, outcome, study design) criteria are provided in Table 3 1.



The geographic scope was limited to EU5, Japan, and the US. The population scope was R/R AML.

In terms of population, publications addressing the recommended or prescribed treatment pathway for adult patients (≥ 18 years) with R/R AML (as described above) were eligible for inclusion in this review. Special focus was given to the population with FLT3+ R/R AML.

The searches were not restricted to any intervention but encompassed all therapies recommended or prescribed for the management of R/R AML in the countries of interest. No comparators were considered in the searches.

The outcomes of interest were treatment recommendations in clinical guidelines and prescription behaviour in clinical practice. Special focus was given to recommendations for FLT3+ R/R AML.

In terms of study design, clinical guidelines focusing either exclusively or partially on the management of R/R AML for the countries of interest were included in the review. Cross-sectional studies, prescription behaviour or practice studies and observational studies were also eligible for inclusion.

Table 0-1 Clinical guidelines and clinical practice review scope – inclusion and exclusion criteria

PICOS	Inclusion criteria	Exclusion criteria
Population of interest	Adult patients (≥ 18 years) with R/R AML	- Children - Newly diagnosed AML
Interventions of interest	All treatments either recommended or prescribed for management of R/R AML	-
Comparators of interest	Not applicable	-
Outcomes of interest	- Treatment recommendations - Prescription practice in clinical practice	-
Study designs of interest	- SLRs - Clinical guidelines including those of international haematological and oncological associations - Cross-sectional or observational studies on prescription behaviour	- Publications pre-2003 - Expert opinion

Abbreviations: AML: acute myeloid leukaemia; PICOS: population, intervention, comparator, outcome, study design; R/R: relapsed / refractory; SLR: systematic literature review.

1.2.4 Limits

In order to refine the search, the clinical management review was limited to:

- Publication date: last 15 years
- Countries of interest: EU5, Japan, and the US
- Languages included: due to expected limited availability of data, no language restriction were applied except for treatment guidelines in Japan. For the latter (i.e., guidelines in Japan) only those relevant guidelines available in English were reviewed and included in this SLR.

The publication timeframe was limited to the last 15 years only because this period was sufficiently long to capture the most recent clinical guidelines. For the purpose of this review, guidelines published earlier than 2003 were considered no longer relevant given all the changes the treatment paradigm has undergone in the last decade.

1.2.4.1 Study selection process

During the initial study selection, articles were rapidly assessed and categorised according to relevance in meeting the eligibility criteria. This stage involved removing obviously irrelevant records (such as animal studies, editorials, case reports and studies of conditions and interventions outside of the systematic review scope). The number of records removed at this stage was recorded. This process was undertaken by two experienced information specialists.

After the removal of the obviously irrelevant records, the remaining records were assessed in more detail to select those meeting the review eligibility criteria. This assessment was undertaken by one researcher and reviewed by a second researcher. If there was uncertainty about the relevance of a record based on the abstract, a full copy of the publication was obtained.

Once the full text of articles was obtained, they were assessed in detail for relevance to the eligibility criteria and the final selection of studies to inform the reviews were made.

At the end of the selection process, a list of included and excluded studies identified through the searches were prepared.

1.2.5 Data extraction strategy

Quality assessment and data extraction were carried out by one reviewer with quality checking undertaken on all records by a second reviewer. Any discrepancies were to be resolved by a third reviewer.

A data extraction form was designed to document the characteristics and outcomes of the selected studies [Higgins 2011]. The list of items included in the data abstraction form is



presented in **Error! Reference source not found..** Once all relevant studies had been identified, the relevant data were extracted and included in the data extraction form.

1.2.6 Quality assessment and risk of bias in included studies

Quality/risk of bias of each of the included studies was assessed by one reviewer with quality assessment undertaken on all records by a second reviewer. Any discrepancies were resolved through discussion or by consulting a third reviewer.

1.2.7 Data analysis

The format of the full review report conforms to Preferred Reporting Items for Systematic Reviews and Meta-Analysis (PRISMA) reporting guidance (see Appendix IV) [Moher 2009].

1.3 RESULTS OF THE CLINICAL MANAGEMENT REVIEW

1.3.1 Studies flow for searches to identify clinical guidelines

The literature search to identify clinical guidelines and studies on clinical practice identified 872 references of which 817 were unique (**Error! Reference source not found.**).

After the initial screening of titles and abstracts, 47 references were considered as potentially relevant. Following detailed examination of the full articles, 14 publications were included for abstraction. Of these, two were available as abstracts only.

Among those guidelines excluded from the review, the NICE pathways merit special mention. The NICE pathways for myeloid leukaemia does not address R/R AML. The pathway recommends:

- Gemtuzumab, with daunorubicin and cytarabine, for untreated de novo CD33 mutation positive (CD33+) AML, except APL, in people 15 years and over, only if they start induction therapy when either the cytogenetic test confirms that the disease has favourable, intermediate or unknown cytogenetics (that is, because the test was unsuccessful) or when their cytogenetic test results are not yet available and they start consolidation therapy when their cytogenetic test confirms that the disease has favourable, intermediate or unknown cytogenetics (because the test was unsuccessful) [NICE pathways].
- Midostaurin as an option for treating adults with newly diagnosed FLT3+ AML in combination with standard daunorubicin and cytarabine as induction therapy, in combination with high-dose cytarabine as consolidation therapy, and as monotherapy after CR as maintenance therapy [NICE pathways].

- Azacitidine for patients with AML who are ineligible for HSCT and have 20–30% blasts and multilineage dysplasia, according to the WHO classification [NICE pathways]. Azacitidine is not recommended for treating patients with AML with more than 30% bone marrow blasts in patients of 65 years or older who are not eligible for HSCT [NICE pathways].
- In addition, several guidelines were identified for Canada but have not been abstracted because Canada was not within the remit of this SLR. The identified guidelines are:
- Brandwein et al (2013) which report the consensus from Canadian experts on the treatment of older patients with AML [Brandwein 2013]. This consensus was updated in 2017 [Brandwein 2017]
- The Alberta Health Services guideline* [AHS 2018]
- The Leukaemia/Bone Marrow Transplant Program of BC† [BC BMT 2018]

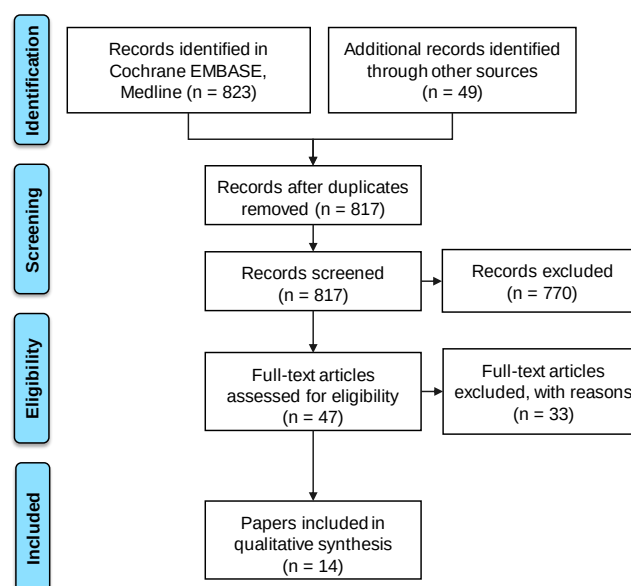


Fig. 3-1 PRISMA flow diagram for the clinical management review

1.3.2 What are the treatment guidelines for R/R AML?

An overview of the treatment guidelines selected for this review is provided in

*Available at <https://www.albertahealthservices.ca/assets/info/hp/cancer/if-hp-cancer-guide-lyhe006-aml.pdf>. Accessed on December 02, 2018,

† Available at <http://www.leukemiabmtprogram.com/index.html>. Accessed on December 02, 2018.



Table 0-1.

The SLR identified 12 relevant guidelines and two evidence-based reviews of the current management of R/R AML. The reviewed guidelines included:

- Two guidelines with US coverage: NCCN 2018 published by NCCN and Physician Data Query [PDQ 2018] published by the National Cancer Institute (NCI). The NCCN guidelines initially abstracted were those published in August 2018 (i.e., version 2.0). However, an update (version 3.0) became available when finalising the SLR report. The SLR report was updated to replace recommendations from version 2 with those of version 3
- Two guidelines with pan-European coverage: Fey 2013 published by the European Society for Medical Oncology (ESMO) and Döhner 2017 published by ELN
- One guideline for the UK: Milligan 2006 published by the British Society of Haematology (BSH)
- One guideline for Germany: Onkopedia 2018 published by several German and Swiss associations
- One guideline for Japan: Miyawaki 2017 published by the Japanese Society of Haematology (JSH)
- Five guidelines with local coverage: NOSCAN 2017 published by the NOSCAN for North of Scotland and LCA 2015 published by the London Cancer Alliance (LCA) for London, Manchester Cancer 2015 published by Manchester Cancer, NHS Anglia 2013 published by NHS in Anglia and NHS Birmingham 2011 published by NHS Birmingham. Manchester Cancer updated the Clinical Patient Pathway for AML in May 2018 [Manchester Cancer 2018]. However,

this update was not deemed relevant as it does not provide any specific recommendations for patients with R/R AML.

The following bodies were searched but no relevant guidelines were identified:

- The British Committee for Standards in Haematology has not published any relevant guidelines[‡].
- ASH has published guidelines for the diagnostic and prognostic evaluation of new AML cases [Arber 2017] but has not developed any guidelines on management of AML. ASH is currently developing new clinical practice guidelines on the management of AML in older adults. Publication of these guidelines is expected in 2020[§].
- The French Haute Autorité de Sante (HAS) published guidelines in 2011 for treatment of acute leukaemias in the adult [HAS 2011]. However, these guidelines do not provide any recommendations for R/R AML (regardless of FLT3 status). These guidelines were updated in 2015, but they do not provide any recommendations for RR AML, either [HAS 2015].

No relevant recent guidelines were identified for either Italy or Spain. The Italian Society of Haematology, Italian Society of Experimental Haematology and Italian Group for Bone Marrow Transplantation published guidelines for the treatment of AML in 2009 [Morra 2009]. The aim of these guidelines was to capture the new therapies available for patients with de novo AML. However, the guidelines do not address R/R AML and do not provide any recommendations for these patients or for patients with FLT3+ AML (treatment naïve or R/R). Thus, Morra 2009 has not been included in this SLR.

All 12 guidelines included in this SLR covered all stages of AML. None of them focused on R/R AML or FLT3+ AML.

[‡]Available at: <https://www.guidelinecentral.com/summaries/organizations/british-committee-for-standards-in-haematology/?start=20>. Accessed on December 01, 2018.

[§] Available at: <http://www.hematology.org/Clinicians/Guidelines-Quality/Guidelines.aspx#aml>. Accessed on December 01, 2018.



Table 0-1 Treatment guidelines and other publications selected for review

Reference	Publishing association	Geographic scope	Objective of the guidelines	Topic of the guideline
Döhner 2017	ELN	Europe	To update the 1 st edition of the ELN recommendations for diagnosis and management of AML in adults, published in 2010	AML (de novo, treatment-naïve and R/R)
Fey 2013	ESMO	Europe	Not reported but the authors put forward recommendations for diagnosis and management of AML	AML (de novo, treatment-naïve and R/R)
LCA 2015	LCA	London, UK	Not reported but the authors put forward recommendations for diagnosis and management of AML	AML (de novo, treatment-naïve and R/R)
Manchester Cancer 2015	Manchester Cancer	Manchester, UK	Not reported but the authors put forward recommendations for diagnosis and management of AML	AML (de novo, treatment-naïve and R/R)
Milligan 2006	BSH	UK	Not reported but the authors put forward recommendations for diagnosis and management of AML in adults	AML (de novo, treatment-naïve and R/R)
Miyawaki 2017	JSH	Japan	To update the previous JSH guidelines from 2010	AML (de novo, treatment-naïve and R/R)
NCCN 2018	NCCN	US	Not reported but the authors put forward recommendations for diagnosis and management of AML	AML (de novo, treatment-naïve and R/R)
NHS Anglia 2013	NHS Anglia	Anglia, UK	Not reported but the authors put forward recommendations for diagnosis and management of AML	AML (de novo, treatment-naïve and R/R)
NHS Birmingham 2011	NHS Birmingham	Birmingham, UK	Not reported but the authors put forward recommendations for diagnosis and management of AML	AML (de novo, treatment-naïve and R/R)
NOSCAN 2017	NOSCAN	North Scotland	Not reported but the authors put forward recommendations for diagnosis and management of AML	AML (de novo, treatment-naïve and R/R)
Onkopedia 2018	DGHO, OeGHO, SSMO/SSOM/SGMO, SGH-SSH, GPOH	Germany	Not reported but the authors put forward recommendations for diagnosis and management of AML	AML (de novo, treatment-naïve and R/R)
PDQ 2018	NCI	US	Resource to inform and assist clinicians who care for cancer patients. It did not provide formal guidelines or recommendations for making health care decisions	AML (de novo, treatment-naïve and R/R)

Abbreviations: AML: acute myeloid leukaemia; BSH: British Society for Haematology; DGHO: German Society of Haematology and Medical Oncology; ELN: European LeukemiaNet; ESMO: European Society for Medical Oncology; GPOH: Society for Paediatric Haematology/Oncology; JSH: Japanese Society of Haematology; LCA: London Cancer Alliance; NCCN: National Comprehensive Cancer Network; NCI: National Cancer Institute; NHS: National Health Service; NOSCAN: North of Scotland Cancer Network; OeGHO: Austrian Society for Haematology & Medical Oncology; R/R: relapsed / refractory; SGH-SSH: Swiss Society for Haematology; SSMO/SSOM/SGMO: Swiss Society of Medical Oncology; UK: United Kingdom; US: United States.



1.3.3 What is the current management of R/R AML?

Recommendations for the management of R/R AML are summarised in

Table 0-2. Specific recommendations for patients with FLT3+ R/R AML are discussed in



Table 0-1.

All guidelines provide similar recommendations regarding therapeutic options for R/R AML:

- Salvage therapy
- Offering participation in a clinical trial with new interventions
- Bone marrow transplantation (BMT).

Both NCCN [NCCN 2018] and ELN [Döhner 2017] guidelines recommend participation in a clinical trial as the best therapeutic option for patients with R/R AML. NCCN guidelines highlight that there are several clinical trials investigating targeted therapies for patients with R/R AML. However, they also recommend gilteritinib [Category 2A] as a therapeutic option for patients with FLT3+ R/R AML.

All guidelines highlight the lack of evidence that would allow to prioritise one therapeutic option over the other ones for patients with R/R AML. However, the Japanese guidelines highlight that salvage therapy alone cannot cure these patients

and therefore, patients with R/R AML are candidates for HSCT [Miyawaki 2017].

NCCN 2018 recommend conducting molecular profiling including FLT3 mutations to guide selection of therapy. NCCN 2018 recommend taking into account the patient's age and time between remission and relapse. For patients younger than 60 years of age, the options include clinical trial [strongly preferred] and chemotherapy followed by matched sibling or alternative donor HSCT. If the relapse occurs at or after 12 months since remission, NCCN guidelines recommend repeating the initial successful induction regimen. For patients ≥ 60 years of age, options include participating in a clinical trial [strongly preferred], best supportive care and chemotherapy followed by matched sibling or alternative donor HSCT. Again, if the relapse occurs at or after 12 months since remission, NCCN guidelines recommend repeating the initial successful induction regimen.

Re-challenge with the same regimen used for the initial remission induction is also recommended in the ESMO [Fey 2013] and JSH [Miyawaki 2017] guidelines if relapse occurs at a late stage.



Table 0-2 Key recommendations for management of R/R AML

Reference	Association	Recommendation for R/R AML
US		
NCCN 2018	NCCN	• Molecular profiling including FLT3 mutations is recommended to guide selection of therapy • Treatment strategies for relapse are categorised according to patient age and time of relapse • For patients <60 years if relapse is early (within first 12 months) ○ Clinical trial [strongly preferred] OR ○ Chemotherapy followed by matched sibling or alternative donor HSCT • For patients <60 years if relapse is late (≥12 months) ○ Clinical trial [strongly preferred] OR ○ Chemotherapy followed by matched sibling or alternative donor HSCT ○ Repeat initial successful induction regimen • For patients ≥60 and early relapse ○ Clinical trial [strongly preferred] OR ○ Best supportive care OR ○ Chemotherapy followed by matched sibling or alternative donor HSCT • For patients ≥60 and late relapse ○ Clinical trial [strongly preferred] OR ○ Repeat initial successful induction regimen OR ○ Best supportive care OR ○ Chemotherapy followed by matched sibling or alternative donor HSCT
PDQ 2018	NCI	• No standard regimen exists for the treatment of patients with relapsed AML, particularly in patients with a first remission duration of less than 1 year • Potential therapies include salvage therapy, clinical trial with new interventions and bone marrow therapy
Europe		
Fey 2013	ESMO	• Patients failing to respond to one or two cycles of induction treatment are considered refractory and are at very high risk of ultimate treatment failure • Carefully selected patients with an HLA matched donor may be offered allo-HSCT, albeit with limited chances of success and at the cost of considerable morbidity from this procedure [II, B] • For patients unsuited to this approach, BSC or palliative systemic treatment is often a reasonable option with, at least, limited toxic effect. The prognosis of such patients is often dismal regardless of treatment attempts • Patients presenting with relapse after a first remission may be offered intensive re-induction, for which chances of success are better after longer duration of first remission • Patients in second or subsequent remission may still qualify for allo-HSCT with a family or unrelated HLA-matched donor, or with cord blood-derived stem cells
Döhner 2017	ELN	• Treatment of patients with relapsed or primary refractory disease requires a balanced assessment of the likely benefit of further therapy vs the potential complications associated with salvage chemotherapy • Enrolment in a clinical trial should be the priority whenever possible • No specific salvage regimen has emerged as the standard for treating primary refractory or relapsed AML. Salvage regimens are the same as those regimens used for remission induction • Selection of salvage regimen depends on eligibility for intensive chemotherapy
Scotland		



Reference	Association	Recommendation for R/R AML
NOSCAN 2017	NOSCAN	• Guidelines are based on Szer 2012 • There are limited data to recommend an optimal salvage regimen • For patients with relapsed non-APL AML, consider relevant prognostic factors before attempting salvage therapy in this setting including patient age, duration of remission, co-morbidity and cytogenetics at original presentation and relapse • There are limited data to guide the choice of salvage chemotherapy prior to allo-BMT in eligible patients but consider FLAG or FLAG-IDA in patients whose duration of remission is less than 2 years. These patients deemed suitable for intensive salvage therapy should be discussed with the transplantation team at the time of relapse • Molecular MiRD monitoring may be useful to guide the need for additional consolidation with HSCT in eligible patients • Follow Up ○ On neutrophil recovery after each cycle of chemotherapy, stop prophylactic medication unless previous fludarabine. In this circumstance it would appear reasonable to continue PCP prophylaxis for 6 months after last exposure to fludarabine ○ Consider venesection programme after 4-6 months if Hb in normal range, and if pt treated with curative intent and if ferritin >1000 and/or transferrin Saturation > 50% or ferritin >1000 and deranged LFTs ○ In younger patients, particularly women, an echocardiogram for assessment of cardiac function should be considered. This will be particularly important in the event of pregnancy. Consider referral to late effects clinic (if available) from 4 years post therapy
Germany		
Onkopedia 2018	DGHO, OeGHO, SSMO/SSOM/SGMO, SGH-SSH, GPOH	• There are no prospective, controlled studies that allow to determine whether a treatment strategy is superior to another one in R/R AML. Therapeutic options include: salvage therapy, clinical trial with experimental therapies, and BSC • There is general consensus for reinduction therapy with intermediate or high dose AraC • For consolidation, allo-HSCT is the treatment of choice. If an HLA-identical family donor or a third-party donor are not available, stem cell sources such as umbilical cord blood or HLA haploidentical transplants of family donors may be used • If not eligible for intensive salvage therapy, HMA should be considered
UK		
LCA 2015	LCA	• All suitable patients should be discussed with the transplant team to consider HSCT. Patients without an HSCT option should be offered a clinical trial for novel agents, if available Primary refractory AML • A lack of response, or only PR, to induction chemotherapy is associated with a poor prognosis in general. The general approach is to escalate to 1–2 cycles of FLAG-(IDA) chemotherapy in an attempt to gain CR prior to a potential allo-HSCT if a suitable donor is identified. Alternative salvage regimens pre-allograft are offered in the treatment algorithm Relapsed AML • The management of patients who relapse is complex and often the outcome is unsatisfactory. In deciding upon the most appropriate salvage therapy, many factors need to be taken into consideration, including induction protocols used, the patient's age, performance status, cytogenetics, the length of initial CR achieved and the potential for consolidation with an allo-HSCT (or indeed second HSCT and/or DLI therapy). In younger and/or more fit patients, treatment is planned with a view to proceeding to an HSCT



Reference	Association	Recommendation for R/R AML
Manchester Cancer 2015	Manchester Cancer	Molecular FLT3 testing should be conducted as part of the initial AML diagnosis Allo-HSCT offers the best prospect of a cure for patients in 2nd or higher remission Refractory AML: • Salvage chemotherapy or allo-HSCT • Patients who are not suitable for allo-HSCT should be considered for investigational therapy of novel agents Relapsed AML: • If CR duration <6 months, palliative care or experimental therapy • If CR duration >6months, consider salvage chemotherapy and HSCT • Patients who achieve CR should receive allo-HSCT
Milligan 2006	BSH	• Patients with relapsed disease should be stratified according to cytogenetics, age and length of CR1 to identify the best salvage approach • No clear evidence for the benefit of HSCT as part of salvage therapy in R/R AML
NHS Anglia 2013	NHS Anglia	• If eligible for induction therapy, patients should be offered participation in a clinical trial • If not in trial, then a high dose cytarabine regimen or BSC • If CR after salvage therapy, HSCT should be offered
NHS Birmingham 2011	NHS Birmingham	• Molecular FLT3 testing should be conducted as part of the initial AML diagnosis • Salvage chemotherapy to achieve CR2 should be considered if the patient has an HSCT option available and is in good performance status
Japan		
Miyawaki 2017		• Patients who do not respond to induction therapy and who relapse after achieving CR require salvage therapy for R/R AML. However, as R/R AML is unlikely to be cured with chemotherapy alone, these patients are candidates for allo-HSCT • There is no evidence indicating whether the same induction therapy regimen should be repeated, or the regimen should be changed. However, it is reasonable to repeat the same induction therapy regimen because it may be possible to achieve remission at a certain frequency [Category 2B] • No specific index for determining eligibility for HSCT in patients with AML not in remission has been established. At present, it is recommended to determine eligibility for HSCT by comprehensively considering prognostic factors based on retrospective analysis and HSCT-related factors (e.g., donor source) and engaging in shared decision-making with the patient. There is no established index for predicting which of the patients with AML not in remission will benefit from receiving chemotherapy before HSCT [Category 3] • Induction or post-remission therapy with G-CSF for AML can shorten the duration of neutropenia and improve quality of life during this phase. It may be considered for elderly patients and patients with severe concomitant infections [Category 2B (induction therapy), Category 2A (post-remission therapy)]

Abbreviations: allo-BMT: allogeneic bone marrow transplantation; allo-HSCT: allogeneic haematopoietic stem cell transplantation; AML: acute myeloid leukaemia; APL: acute promyelocytic leukaemia; BSC: best supportive care; BSH: British Society for Haematology; CR: complete remission; CR1: first complete remission; CR2: second complete remission; DGHO: German Society of Haematology and Medical Oncology; DLI: donor lymphocyte infusions; ELN: European LeukemiaNet; ESMO: European Society for Medical Oncology; FLAG: fludarabine, cytarabine and granulocyte colony stimulating factor; FLAG-IDA: fludarabine, cytarabine and G-CSF plus idarubicin; FLT3: FMS-like tyrosine kinase 3; G-CSF: granulocyte colony stimulating factor; GPOH: Society for Paediatric Haematology/Oncology; Hb: haemoglobin; HLA: human leukocyte antigen; HMA: hypomethylating agents; HSCT: haematopoietic stem cell transplantation; LCA: London Cancer Alliance; LFT: liver function tests; MiRD: minimal residual disease; NCCN: National Comprehensive Cancer Network; NCI: National Cancer Institute; NHS: National Health Service; NOSCAN: North of Scotland Cancer Network; OeGHO: Austrian Society for Haematology & Medical Oncology; PCP: primary care physician; PDQ: Physician Data Query; PR: partial response; pt: patient; R/R: relapsed or refractory; SGH-SSH: Swiss Society for Haematology; SSMO/SSOM/SGMO: Swiss Society of Medical Oncology; UK: United Kingdom; US: United States.



1.3.3.1 Recommended salvage therapy for R/R AML

An overview of the specific therapies recommended as salvage therapy in the selected guidelines is provided in

Table 0-3.

ESMO guidelines [Fey 2013] recommend either best supportive care or palliative chemotherapy. However, they do not specify which palliative chemotherapy should be given.

The ELN guidelines recommend the “7 + 3” induction therapy to all patients who are eligible for intensive chemotherapy [Döhner 2017]. This regimen consists of 3 days of an intravenous (IV) anthracycline (daunorubicin at least 60 mg/m², idarubicin 12 mg/m², or mitoxantrone 12 mg/m²), and 7 days of continuous infusion cytarabine (100-200 mg/m²). For those patients who are not candidates for intensive chemotherapy, treatment options include: azacitidine, decitabine or low-dose cytarabine (not recommended in patients with adverse-risk genetics) until progression, or BSC Including hydroxyurea for patients who cannot tolerate any antileukaemic therapy, or who do not wish any therapy [Döhner 2017]. Common salvage regimens for patients refractory to a first induction cycle or with relapsed disease include IDAC with or without daunorubicin, idarubicin or mitoxantrone if candidates for intensive therapy [Döhner 2017].

NOSCAN 2017 recommend FLAG or FLAG-IDA prior to allo-BMT in eligible patients if duration of remission is less than 2 years.

German guidelines [Onkopedia 2018] recommend intermediate or high dose cytarabine if eligible for salvage therapy. If not eligible for intensive salvage therapy, hypomethylating agents (HMAs) should be considered.

The LCA guidelines [LCA 2015] recommend allograft after second induction or first consolidation, or re-induction with FLAG with or without idarubicin, high-dose cytarabine (HiDAC), CIA (clofarabine, idarubicin, and cytarabine), D-Clo (daunorubicin and clofarabine), CLAG ± IDA (cladribine, cytarabine, mitoxantrone, and G-CSF with or without idarubicin), or MEC. Both Manchester Cancer 2015 and NHS Birmingham 2011 base their recommendations on duration of CR. If duration is longer than 12 months, then reinduction with the same regimen used in the initial induction should be offered. If duration is shorter than 6 months, Manchester Cancer 2015 recommend palliative care or experimental therapy. If duration is longer than 6 months, they both recommend HiDAC-based regimens. BSH guidelines [Milligan 2006] recommend cytarabine at low (100–200 mg/m²), intermediate (1 g/m²) or high doses (2–3 g/m²), in combination with other drugs. The guidelines also highlight that in the elderly, gemtuzumab has shown promise as a salvage agent in patients with relapsed disease and could be preferable to further intensive chemotherapy in this setting (grade B recommendation, level IIb evidence). NHS Anglia 2013 recommend participation in a clinical trial if the patient is eligible

for induction therapy. If the patient is not in a trial, then a HiDAC-based regimen (e.g. FLAG) or supportive care should be offered.

The JSH guidelines [Miyawaki 2017] provide different recommendations based on the age of patients. In younger patients with AML, if remission is not achieved with the first cycle of induction therapy, they recommend to repeat the same regimen as for induction therapy. In addition, salvage therapy with HiDAC or IDAC should be performed if remission is still not achieved after the second cycle. In elderly patients with AML, treatment depends on the patient’s Eastern Cooperative Oncology Group (ECOG) performance status (PS) and comorbidities. Allo-HSCT is the preferred option in patients with ECOG 0 or 1, regardless of risk status. Otherwise, salvage chemotherapy with low-dose cytarabine or participation in a clinical trial should be offered. If the patient has serious comorbidities, BSC alone should be offered regardless of ECOG PS. If the patient has ECOG ≥2, BSC is the only option [Miyawaki 2017].

NCCN guidelines recommend different aggressive and less aggressive salvage regimens. In addition, they also provide specific recommendations for patients depending on molecular mutations. For patients with FLT3+ R/R AML, gilteritinib (category 2A) is recommended and if FLT3-ITD+, then hypomethylating agents (5-azacitidine or decitabine) plus sorafenib (category 2A) should be offered. If patients have AML with IDH2 mutations, enasidenib (category 2A) is recommended while ivosidenib (category 2A) is recommended for patients with IDH1+ AML, and gemtuzumab (category 2A) for patients with CD33+ AML [NCCN 2018].

In the ELN guidelines, consolidation therapy after induction for patients aged 18 to 60/65 years of age is based on the patient’s risk status. For patients with favourable-risk genetics, 2 to 4 cycles of IDAC is recommended. For patients with intermediate-risk genetics, consolidation therapy consisting of allo-HSCT from matched-related or unrelated donor, 2-4 cycles of IDAC, or high-dose therapy and auto-HSCT are recommended treatment options. For patients with adverse-risk genetics, allo-HSCT from matched-related or unrelated donor is the recommended consolidation therapy. Consolidation therapy for patients older than 60/65 years of age also depends on the risk classification. For patients with favourable-risk genetics, consolidation consists of 2 to 3 cycles of IDAC. For patients with intermediate/adverse-risk genetics, the benefit of intensive consolidation therapy has not been established. For these patients, an allo-HSCT (in patients with low HSCT-Comorbidity Index score), or investigational therapy should be considered [Döhner 2017].

The LCA guidelines recommend BSC with or without cytoreductive chemotherapy (hydroxyurea, etoposide, mitoxantrone, or cytarabine [subcutaneously or continuous infusion]), a combination of amsacrine, cytarabine, and etoposide, or EZ (etoposide) if the patient is not eligible to HSCT or fails to respond to re-induction therapy [LCA 2015].



Table 0-3 Key recommendations for salvage therapy for R/R AML

Reference	Association	Recommendation for R/R AML
US		
NCCN 2018	NCCN	• Aggressive therapy includes: ○ Cladribine, cytarabine, and G-CSF with or without mitoxantrone or idarubicin (category 2A) ○ HIDAC (if not received previously in treatment) ± (mitoxantrone or idarubicin or daunorubicin) (category 2A) ○ FLAG ± idarubicin (category 2A) ○ Etoposide + cytarabine ± mitoxantrone (category 2A) ○ Clofarabine (25 mg/m² daily for 5 days) ± cytarabine (2 g/m² daily for 5 days) + G-CSF (category 2A) ○ Clofarabine (22.5 mg/m² daily for 5 days) + idarubicin (6 mg/m² daily for 3 days) + cytarabine (0.75 g/m² daily for 5 days) + G-CSF (category 2A) ○ Clofarabine (22.5 mg/m² daily for 5 days) + idarubicin (10 mg/m² daily for 3 days) (category 2A) ○ Clofarabine alone (category 2A) • Less aggressive therapy may consist of: ○ Hypomethylating agents (5-azacitidine or decitabine) (category 2A) ○ Low dose cytarabine (category 2B) ○ Sorafenib may be added to Hypomethylating agents for patients with FLT3-ITD+ AML (category 2A) • FLT3+ AML ○ Gilteritinib (category 2A) ○ Hypomethylating agents (5-azacitidine or decitabine) + sorafenib (FLT3-ITD+) (category 2A) • IDH2+ AML ○ Enasidenib (category 2A) • IDH1+ AML ○ Ivosidenib (category 2A) • CD33+ AML ○ Gemtuzumab (category 2A)
PDQ 2018	NCI	Potential therapies: • Mitoxantrone + cytarabine • Idarubicin + cytarabine or high-dose etoposide and cyclophosphamide • MEC [Level of evidence: 3iiiDiv] • MEC with or without PSC388 [Level of evidence: 1iiDiv] • Treatments with new agents under clinical evaluation remain appropriate in eligible patients with recurrent AML • Gemtuzumab in relapsed AML expressing CD33 • Clofarabine in first relapse as a single agent or in combination with intermediate-dose cytarabine [Level of evidence: 3iiiDiv] • BMT [Level of evidence: 3iDii] ○ HLA-matched sibling HSCT [Level of evidence: 3iDii] ○ Allo-BMT from an HLA-matched donor in early first relapse or in second CR [Level of evidence: 3iiiA]



Reference	Association	Recommendation for R/R AML
		○ Patients who relapse following an allo-BMT may undergo an infusion of lymphocytes from the donor [Level of evidence: 3iiiA]



Reference	Association	Recommendation for R/R AML
Europe		
Fey 2013	ESMO	- Carefully selected patients with an HLA matched donor may be offered allo-HSCT, albeit with limited chances of success and at the cost of considerable morbidity from this procedure [II, B] - For patients unsuited to this approach, BSC or palliative systemic treatment is often a reasonable option with, at least, limited toxic effect
Döhner 2017	ELN	Patients eligible for intensive chemotherapy - Induction therapy (all ages) - "7+3": 3 d of an IV anthracycline: daunorubicin at least 60 mg/m; idarubicin 12 mg/m; or mitoxantrone 12 mg/m², and 7 d of continuous infusion cytarabine (100-200 mg/m) Consolidation therapy younger patients (18-60/65 y) - Favourable-risk genetics: 2-4 cycles of IDAC (1000-1500 mg/m IV over 3 h q12h, d1-3; or 1000-1500 mg/m IV over 3 h d1-5 or 6) - Intermediate-risk genetics: - Allo-HSCT from matched-related or unrelated donor 2-4 cycles of IDAC (1000-1500 mg/m IV over 3 h q12h, d1-3; or 1000-1500 mg/m IV over 3 h d1-5 or 6), or - High-dose therapy and auto-HSCT - Adverse-risk genetics - Allo-HSCT from matched-related or unrelated donor Consolidation therapy older patients (>60/65 y) - Favourable-risk genetics 2-3 cycles of IDAC (500-1000 mg/m IV over 3 h q12h, d1-3; or 500-1000 mg/m IV over 3 h d1-5 or 6) - Intermediate/adverse-risk genetics - No established value for intensive consolidation therapy; consider allo-HSCT in patients with low HSCT-Comorbidity Index, or - investigational therapy Patients considered not candidates for intensive chemotherapy - Azacitidine 75 mg/m², SC, d1-7, q4 wk, until progression - Decitabine 20 mg/m², IV, d1-5, q4 wk, until progression - Low-dose cytarabine Low-dose cytarabine (20 mg q12h, SC, d1-10, q4 wk; until progression); not recommended in patients with adverse-risk genetics - Best supportive care Including hydroxyurea; for patients who cannot tolerate any antileukaemic therapy, or who do not wish any therapy Common salvage regimens in patients not responding to a first induction cycle or with relapsed disease who are candidates for intensive therapy - IDAC (with or without anthracycline): IDAC (1000-1500 mg/m IV over 3 h q12 h, d1-3 [500-1000 mg/m in patients >60 y]; or 1000-1500 mg/m IV over 3 h d1-5 or 6 [500-1000 mg/m in patients >60 y]); with or without daunorubicin 45-60 mg/m², IV, d1-3; idarubicin 8-10 mg/m², IV, d3-5, or mitoxantrone 8-10 mg/m²
Scotland		
NOSCAN 2017	NOSCAN	The only salvage therapy mentioned in the NOSCAN guidelines is: FLAG or FLAG-IDA prior to allo-BMT in eligible patients if duration of remission is less than 2 years
Germany		



Reference	Association	Recommendation for R/R AML
Onkopedia 2018	DGHO, OeGHO, SSMO/SSOM/SGMO, SGH-SSH, GPOH	• Intermediate or high dose AraC if eligible for salvage therapy • If not eligible for intensive salvage therapy, HMA should be considered
UK		
LCA 2015	LCA	If refractory and fit for re-induction • HLA type siblings and discuss with transplant centre ○ Consider allograft after 2nd induction or 1st consolidation OR ○ Re-induction with FLAG ± IDA, HiDAC, CIA, D-Clo, CLAG ± IDA, MEC • If failure to the above: ○ Supportive care ± cytoreductive chemotherapy (hydroxyurea, etoposide, mitoxantrone or AraC (subcutaneously of continuous infusion), a combination of amsacrine, cytarabine and etoposide, or EZ
Manchester Cancer 2015	Manchester Cancer	Failure to respond to the first cycle of induction therapy is a major predictor of a poor outcome and conventional chemotherapy then offers virtually no prospect of long term DFS. Several salvage regimens have been assessed (e.g., FLAG-IDA) and can be given if there is potential for an allo-HSCT • If CR duration <6 months: palliative care or experimental therapy • If CR duration >6 months: high dose AraC based salvage chemotherapy (e.g. FLAG or FLAG-IDA) • If CR duration >1 year, reinduction therapy with initial induction therapy
Milligan 2006	BSH	• Mainstay: cytarabine at low (100–200 mg/m²), intermediate (1 g/m²) or high doses (2–3 g/m²), in combination with other drugs. • HSCT using a myeloablative conditioning regimen. • In the elderly, GO shows promise as a salvage agent in patients with relapsed disease, and may be preferable to further intensive chemotherapy in this setting (grade B recommendation, level IIb evidence).
NHS Anglia 2013	NHS Anglia	• If eligible for induction therapy, patients should be offered participation in a clinical trial • If not in trial, then a high dose cytarabine regimen (e.g. FLAG) or supportive care
NHS Birmingham 2011	NHS Birmingham	• Intensive salvage with high dose cytarabine If CR >12 months: reinduction with previous induction regimen
Japan		
Miyawaki 2017	JSH	In younger patients with AML: • When remission is not achieved with the first cycle of induction therapy, it is common to repeat the same regimen as for induction therapy • Salvage therapy containing high-dose or intermediate-dose cytarabine is then performed if remission is still not achieved after the second cycle ○ Good-risk group: high dose cytarabine (2 g/m²/12hr) x 5 days ≥3 cycles ○ Intermediate- and poor-risk groups: ▪ If allogeneic donor is available: allo-HSCT (related or unrelated donor) ▪ If allogeneic donor is not available: consolidation therapy containing non-cross-resistant agents, 4 cycles In elderly patients with AML Treatment will depend on the ECOG PS and comorbidities. • If serious comorbidities, and regardless of ECOG PS:



Reference	Association	Recommendation for R/R AML
		○ BSC ● If ECOG 0-1 and good/intermediate risk ○ If patient wants a HSCT, allo-HSCT is the preferred option ○ If patient does not wish a HSCT: salvage chemotherapy which should be: ▪ Daunorubicin (40 mg/m²) × 3 days + enocitabine (200 mg/m²) × 8 days or ▪ Daunorubicin (40 mg/m²) × 3 days + cytarabine (100 mg/m²) × 7 days or ▪ Clinical trial ● If ECOG 0 -1 and poor risk ○ If patient wants a HSCT, allo-HSCT is the preferred option ○ If patient does not wish a HSCT: salvage chemotherapy which should be: ▪ Low-dose cytarabine or ▪ Clinical trial ● If ECOG ≥2 ○ BSC

Abbreviations: allo-BMT: allogeneic bone marrow transplantation; allo-HSCT: allogeneic haematopoietic stem cell transplantation; AML: acute myeloid leukaemia; AraC: cytarabine; auto-HSCT: autologous haematopoietic stem cell transplantation; BMT: bone marrow transplantation; BSC: best supportive care; BSH: British Society for Haematology; CD33+: CD33 mutation positive; CIA: clofarabine, idarubicin, and cytarabine; CLAG ± IDA: cladribine, cytarabine, mitoxantrone, and granulocyte colony stimulating factor with or without idarubicin; CR: complete remission; d1-5: day 1 to 5; D-Clo: daunorubicin and clofarabine; DFS: disease-free survival; DGHO: German Society of Haematology and Medical Oncology; ECOG: Eastern Cooperative Oncology Group; ELN: European LeukemiaNet; ESMO: European Society for Medical Oncology; EZ: etoposide; FLAG: fludarabine, cytarabine and granulocyte colony stimulating factor; FLAG-IDA: fludarabine, cytarabine and granulocyte colony stimulating factor plus idarubicin; FLT3+: FMS-like tyrosine kinase 3 mutation positive; FLT3-ITD+: FMS-like tyrosine kinase 3 - internal tandem duplication mutation positive; G-CSF: granulocyte colony stimulating factor; GO: gemtuzumab ozogamicin; GPOH: Society for Paediatric Haematology/Oncology; HiDAC: high-dose cytarabine; HLA: human leukocyte antigen; HMA: hypomethylating agents; HSCT: haematopoietic stem cell transplantation; IDAC: intermediate dose of cytarabine; IDH1+: isocitrate dehydrogenase 1 mutation positive; IDH2+: isocitrate dehydrogenase 2 mutation positive; IV: intravenous; JSH: Japanese Society of Haematology; LCA: London Cancer Alliance; MEC: mitoxantrone, etoposide, and cytarabine; NCCN: National Comprehensive Cancer Network; NCI: National Cancer Institute; NHS: National Health Service; NOSCAN: North of Scotland Cancer Network; ; OeGHO: Austrian Society for Haematology & Medical Oncology; PS: performance score; PDQ: Physician Data Query; R/R: relapsed or refractory; SC: subcutaneous; SGH-SSH: Swiss Society for Haematology; SSMO/SSOM/SGMO: Swiss Society of Medical Oncology; UK: United Kingdom.

1.3.3.2 What is the current management of FLT3+ R/R AML?

Recommendations for the management of patients with FLT3+ R/R AML are summarised in



Table 0-1.

Only the NCCN and LCA guidelines provide specific recommendations for patients with FLT3+ R/R AML. However, very few recommendations are issued for this patient population in these two guidelines.

NCCN 2018 recommend gilteritinib [category 2A] if FLT3+ and sorafenib plus HMA (5-azacitidine or decitabine) if FLT3-

ITD+ AML. In contrast, LCA guidelines recommend allo-HSCT over chemotherapy in young individuals, particularly for those under 40 years of age with adverse risk molecular profiles, such as FLT3-ITD+ and NPM1-wild type AML.

The German guidelines did mention that two tyrosine kinase inhibitors (TKIs; gilteritinib and quizartinib) are being assessed in FLT3+ R/R AML clinical trials but do not provide any specific recommendations [Onkopedia 2018].



Table 0-1 Key recommendations for patients with FLT3+ R/R AML

Reference	Association	Recommendation for R/R AML with mutations
US		
NCCN 2018	NCCN	Therapy for FLT3-ITD+ R/R AML • Gilteritinib • HMAs (5-azacitidine or decitabine) + sorafenib
UK		
LCA 2015	LCA	• In young individuals, particularly those under 40 with adverse risk molecular profiles, such as FLT3-ITD+ and NPM1-wild type, serious consideration should be given to the benefit of allo-HSCT in first CR versus chemotherapy

Abbreviations: allo-HSCT: allogeneic haematopoietic stem cell transplantation; AML: acute myeloid leukaemia; CR: complete remission; FLT3+: FMS-like tyrosine kinase 3 mutation positive; FLT3-ITD+: FMS-like tyrosine kinase 3 - internal tandem duplication mutation positive; HMA: hypomethylating agents; LCA: London Cancer Alliance; NCCN: National Comprehensive Cancer Network; NPM1: nucleophosmin1; R/R: relapsed or refractory.

1.3.4 Treatment patterns in clinical practice

Table 0-2.

Both studies [Griffin 2019^{**}; Wolf 2018] provide real-world data on treatment patterns for patients with R/R AML including patients with FLT3+ AML.

Griffin 2019 report the results of a retrospective chart study by haematologists and oncologists from 10 countries (US, Canada, UK, France, Germany, Italy, Spain, Netherlands, Japan, and South Korea). Griffin 2019 report data for 1027 patients of which 181 and 182 had FLT3+ and FLT3 wild type R/R AML, respectively. Patients with FLT3+ and FLT3 wild type R/R AML received the same therapies. The most commonly prescribed treatment for patients with R/R AML was BSC (FLT3+: 39.8%; FLT3 wild type: 24.7%) regardless of FLT3 status followed by standard to intermediate dose of cytarabine-based therapies (FLT3+: 12.7%; FLT3 wild type: 19.2%), HMA-based therapies (FLT3+: 9.4%; FLT3 wild type: 16.5%) and low dose cytarabine-based therapies (FLT3+: 9.4%; FLT3 wild type: 15.4%). A higher proportion of patients with FLT3+ R/R AML received a HSCT (FLT3+: 23.6%; FLT3 wild type:

Two studies providing real world data regarding treatment patterns for the management of R/R AML were identified in the literature review. An overview of these studies is provided in

18.1%). Overall, 40% of patients with R/R AML received treatments that were not aligned with treatment guidelines [Griffin 2019]. Additional information on the treatments patients with FLT3+ R/R AML received is provided in Appendix VII.

Wolf 2018 report the outcomes of an audit at the UHBristol NHS Trust against clinical Quality Performance Indicators set by the Scottish Cancer Taskforce. Of all the patients with AML treated at their centre, 16 developed R/R AML. These patients corresponded to 34% of all patients receiving intense induction therapy. The treatment these patients received when they developed R/R AML included intensive salvage chemotherapy for ten patients (CPX-351 in three patients, FLAG-IDA in six patients, quizartinib in one patient), non-intensive therapy for four patients (with azacitidine [1 to 15 cycles; longest follow up not yet reached]) and palliation alone for two patients. Of the ten patients who received salvage chemotherapy, four received a HSCT following the salvage therapy [Wolf 2018].

^{**} The initial SLR identified Griffin 2017 which was a presentation at ASH 2017, during the finalisation of this report, Griffin 2019 was identified. This publication was first online on December 22. Griffin 2019 provides more data

than Griffin 2017 and replaces the latter. In this SLR, Griffin 2019 but not Griffin 2017 is included.



Table 0-2 Studies providing data regarding management patterns in real world clinical practice

Reference	Geographic scope and timeframe	Study design	Objective	Study population	Study outcomes
Griffin 2019	10 countries (US, Canada, UK, France, Germany, Italy, Spain, Netherlands, Japan, and South Korea)	Retrospective chart analysis by haematologists and oncologists	To evaluate Tx patterns and HRU among adults with AML using RWE	Patients with AML (n=1027): - Newly diagnosed FLT3+ <65 and ≥65 - Newly diagnosed FLT3- <65 and ≥65 - R/R FLT3+ - R/R FLT3-	Most common initial Tx among patients with FLT3+ R/R AML: - BSC only: 39.8% - SDAC-based therapies: 12.7% - HMA-based therapies: 9.4% - LoDAC-based therapies: 9.4% - HDAC: 2.8% Among patients with R/R FLT3- AML: - BSC only: 24.7% - SDAC-based therapies: 19.2% - HMA-based therapies: 16.5% - LoDAC-based therapies: 15.4% - HDAC: 11.5% Patients receiving non-guideline recommended Tx: - ND patients: 20-60% - R/R patients: 40% Patients who received HSCT: - R/R FLT3+: 23.6% - R/R FLT3-: 18.1%
Wolf 2018	UK 2016/2017	Audit at the UHBristol NHS Trust against clinical QPIs set by the Scottish Cancer Taskforce	To evaluate the use of QPIs to monitor and report progress towards set quality standards in treatment of AML	Adult AML	R/R AML: 16 (34%) of intensively treated patients 10 patients received intensive salvage chemotherapy (3 x CPX-351, 6 x FLAG-IDA, 1x quizartinib) 4/10 patients received HSCT following the salvage therapy 4 received non-intensive therapy with azacitidine (1 to 15 cycles; longest follow up not yet reached) 2 patients were for palliation alone

Abbreviations: AML: acute myeloid leukaemia; BSC: best supportive care; FLAG-IDA: fludarabine, cytarabine and G-CSF plus idarubicin; FLT3+: FMS-like tyrosine kinase 3 mutated; FLT3-: FMS-like tyrosine kinase 3 wild type; HMA: hypomethylating agents; HRU: health-resource utilisation; HDAC: high dose cytarabine; HSCT: haematopoietic stem cell transplantation; LoDAC: low-dose cytarabine; ND: newly diagnosed; NHS: National Health Service; QPI: quality performance indicators; R/R: relapsed or refractory; RWE: real world evidence; SDAC: standard to intermediate dose of cytarabine; Tx: treatment; UK: United Kingdom; US: United States.

1.4 CONCLUSIONS OF THE CLINICAL MANAGEMENT REVIEW

Overall, 12 guidelines and two evidence-based reviews of the current management of R/R AML were included in the literature review. The reviewed guidelines included two guidelines with US coverage [NCCN 2018; PDQ 2018], two with pan-European coverage [Fey 2013; Döhner 2017], one for Germany [Onkopedia 2018], five for the UK [NOSCAN 2017;

LCA 2015; Mulligan 2006; NHS Anglia 2013; NHS Birmingham 2011] and one for Japan [Miyawaki 2017]. No recent guidelines were identified for France, Italy or Spain. The NCCN guidelines abstracted in this SLR correspond to those published in November 2018, i.e., version 3.

All 12 guidelines included in this SLR covered all stages of AML. None of them focused on R/R AML or FLT3+ AML.

All guidelines provide similar recommendations regarding therapeutic options for R/R AML, and include salvage therapy, offering participation in a clinical trial with new interventions, and BMT. The only exception is Mulligan 2006 which highlight



that there is no clear evidence of the benefit of BMT in patients with R/R AML. However, these guidelines are older than all the other guidelines and since the publication of Mulligan 2006, evidence of the benefit of BMT in R/R AML has become available. NCCN 2018 recommend conducting molecular profiling including FLT3 mutations to guide selection of therapy.

NCCN [NCCN 2018], ELN [Döhner 2017] and JSH [Miyawaki 2017] guidelines recommend participation in a clinical trial as the best therapeutic option for patients with R/R AML. The NCCN guidelines highlight that several trials with targeted therapies for R/R AML with specific mutations were ongoing at the time of issuing the guidelines. In addition, they recommend gilteritinib for FLT3+ R/R AML [NCCN 2018].

The ELN guidelines recommend the “7 + 3” induction therapy for all patients who are eligible for intensive chemotherapy and azacitidine, decitabine or LoDAC until progression, or BSC including hydroxyurea for patients who cannot tolerate any antileukaemic therapy, or who do not wish any therapy [Döhner 2017]. Common salvage regimens for patients who are refractory to a first induction cycle or with relapsed disease, include IDAC with or without daunorubicin, idarubicin or mitoxantrone if candidates for intensive therapy [Döhner 2017; Onkopedia 2018; LCA 2015; Miyawaki 2017]. If not eligible for intensive salvage therapy, HMA should be considered [Onkopedia 2018]. NOSCAN 2017 and LCA 2015 also recommend FLAG with or without idarubicin.

Consolidation therapy after induction for patients with R/R AML aged 18 to 60/65 years of age in the ELN guidelines is based on the patient's risk status. For patients with favourable-risk genetics, 2-4 cycles of IDAC is recommended. For patients with intermediate-risk genetics, consolidation therapy consists of allo-HSCT from matched-related or unrelated donor, 2-4 cycles of IDAC, or high-dose therapy and auto-HSCT. For patients with adverse-risk genetics, allo-HSCT from matched-related or unrelated donor is the recommended consolidation therapy. Consolidation therapy for patients older than 60/65 years of age also depends on the risk classification. For patients with favourable-risk genetics, consolidation consists of 2-3 cycles of IDAC. For patients with intermediate/adverse-risk genetics, an allo-HSCT or investigational therapy should be considered [Döhner 2017].

The LCA guidelines recommend BSC with or without cytoreductive chemotherapy (hydroxyurea, etoposide, mitoxantrone, or cytarabine [subcutaneously or continuous infusion]), a combination of amsacrine, cytarabine, and etoposide, or EZ (etoposide) if the patient is not eligible to HSCT or fails to respond to re-induction therapy [LCA 2015].

Only the NCCN and LCA guidelines provide specific recommendations for patients with FLT3+ R/R AML [LCA 2015; NCCN 2018]. NCCN 2018 recommend gilteritinib for patients with FLT3+ R/R AML and sorafenib plus HMA for patients with FLT3-ITD+ AML. In contrast, LCA guidelines recommend allo-HSCT over chemotherapy in young individuals, particularly those under 40 with adverse risk

molecular profiles, such as FLT3-ITD+ and NPM1 wild type AML.

In a retrospective chart review which included data collected by physicians from 10 countries, the most commonly prescribed treatment for R/R AML was BSC (FLT3+: 39.8%; FLT3 wild type: 24.7%) regardless of FLT3 status followed by standard to intermediate dose of cytarabine -based therapies (FLT3+: 12.7%; FLT3 wild status: 19.2%), HMA-based therapies (FLT3+: 9.4%; FLT3 wild type: 16.5%) and low dose cytarabine-based therapies (FLT3+: 9.4%; FLT3 wild type: 15.4%). Overall, 23.6% and 18.1% of patients with FLT3+ and FLT3 wild type R/R AML received an HSCT [Griffin 2019].

The literature review highlights the lack of specific recommendations for the treatment of patients with FLT3+ R/R AML. NCCN guidelines are the only ones that provide specific therapies for these patients.

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